

# Cozy Hat and Mittens Knitting Pattern



## Skills Required

Long tail cast on (or whichever cast on method you prefer)

Knit

purl

k2tog

Knit through back loop

KFB increase (*see notes*)

M1R (*see notes*)

M1L (*see notes*)

## Abbreviations

K, knit

P, purl

K2tog, knit two sts together

Ktbl, knit through back loop

Knit in front and back of stitch

M1R, make 1 right

M1L, make 1 left

## Materials

Worsted weight yarn – approximately 400 yards

Sock yarn (This is not necessary however I used it for extra warmth)

## Needles

Size US 7(4.5 mm) and US 8 (5.00mm)

## Gauge

4 sts and 6 rows = 1 inch

**Sizing:** The hat will fit adult head size approximately (20 – 23 inches). Mittens will fit woman's hand size between 7.5 and 9.5 inches and also man's hands too. My friend Ted tried them and they were nice and cozy. The hat fit him too.

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**Notes:** I decided to give you a choice with the increase method for the thumb gusset. You can use the quick and easy *knit front and back* method or choose the *make 1 right* and *make 1 left*. I prefer the M1L and M1R. Don't worry though. There's instructions for both. I also decided to add some warmth to my hat and mittens and used up some of my woolly sock yarn which actually created a nice colourful design.

## Hat Pattern

Using long tail cast on method cast on 88 sts.

Work twisted ribbing stitch pattern for 1 inch as follows: \*Knit through back loop, purl, repeat from \* across row

Then continue in Stockinette stitch for 6 inches

## Shape Crown

Row 1: \*K9, k2tog, rep from \* to last 11 sts, K7, k2tog, k2

Row 2: Purl on every other row

Row 3: \*K8, k2tog, rep from \* to last 10 sts, k6, k2tog, k2 (72 sts)

Row 5: \*K7, k2tog, rep from \* to last 9 sts, k5, k2tog, k2 (64 sts)

Row 7: \*K6, k2tog, rep from \* to last 8 sts, k4, k2tog, k2 (56 sts)

Row 9: \*K5, k2tog, rep from \* to last 7 sts, k3, k2tog, k2 (48 sts)

Row 11: \*K4, k2tog, rep from \* to last 6 sts, k2, k2tog, k2 (40 sts)

Row 13: \*K3, k2tog, rep from \* to last 5 sts, k1, k2tog, k2 (32 sts)

Row 15: \*K2, k2tog, rep from \* across row (24 sts)

Row 17: K2tog across row

Cut yarn leaving 8" tail and thread through yarn needle. Work needle through remaining sts and pull tightly and fasten. I usually put needle through top sts twice to make sure it's securely fastened.

## Finish

Seam up back of hat and weave in ends.

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## Mittens Pattern

Beginning at cuff and using size 7 needles, cast on 38 sts.

Work twisted ribbing pattern for 2 inches as follows: \*Knit through back loop, purl, repeat from \* across row

Switch to size 8 needles and work Stockinette stitch for 10 rows.

## **Thumb Gusset**

K18, place marker, increase one stitch in next 2 sts by using KFB, place marker, knit 18 sts

*OR (ALTERNATE INCREASE METHOD)*

If you prefer the M1L and M1R continue as follows:

K18, place marker, M1L, k2, M1R, place marker, knit 18 sts.

Purl next row

Continue increasing within the markers until there are 14 sts ending with a purl row.

## **Divide for Thumb**

K18 sts, drop marker and knit 14 sts. Stop and place those (just knitted) 14 sts on a stitch holder or scrap piece of yarn.

Using backward loop (thumb cast on), cast on 2 sts and then knit final 18 sts. (Note: The 2 sts you cast on make up for the two sts used in the thumb)

Continue working Stockinette stitch for approximately 4 inches or about 1 inch before the end of mitten. (This is where you can choose the length you want. Measurement from beginning of work is approximately 8 -9 inches or length desired)

## **Shape Top**

Row 1: K2, k2tog across row. (29 sts)

Row 2: Purl

Row 3: K2, k2tog, \*k1, k2tog, repeat from \* across row (20 sts)

Row 4: Purl

Row 5: K2tog across row (10 sts)

Cut yarn leaving about 12" tail and thread through yarn needle. Run needle through remaining sts beginning at the opposite end of needle. Do this twice to fasten securely.

### **Thumb**

Slip sts from holder and knit Stockinette stitch for 12 rows or approximately 2 inches ending with purl row.

Next Row: K2tog across row, cut yarn leaving 10" length and thread yarn through remaining sts. Slip sts off needle and pull tightly to close up the thumb tip.

Finish

Seam up thumbs and fold mitten and seam up sides.

Enjoy