

BROKEN RIB STITCH COWL AND HEADBAND



Broken Rib Stitch (right side)



Broken Rib Stitch (reverse side)

Skills Required:

Knit and Purl
Slip 1 stitch (as if to knit)
Cast On
Bind Off

Size: Cowl is 29" long before seaming and approximately 8" wide. Headband is approximately 20" long and 3.5" wide.

Gauge: 2.5 sts per inch

Materials: 2 Skeins Lion Brand Wool-Ease Thick and Quick (I used the color pumpkin)

Needles: US 15 (10.0 mm)

Abbreviations:

K, k = knit
P, p = purl
st(s) = stitch(es)

Notes: For the cowl I added 2 extra stitches for the edges, and on every row I slipped the first stitch as if to knit and I knit the last stitch. This size cowl took one ball of yarn and was approximately 29 inches long. If you want to make it longer just add a new ball of yarn and continue on in pattern.

For the headband, rather than slip the first stitch of every row I knit it and gave it a good tug to keep an even edge and I knit the last stitch. Make sure to measure your head. What you want to do is knit the headband about $\frac{1}{2}$ " - 1" shorter than the width of your head. It should fit nice and snug without being too tight.

COWL PATTERN

Cast on 22 sts

Row 1: Slip 1st stitch, knit across row

Row 2: Slip 1 st as if to knit, *K1, P1 across row to last st, knit 1

Repeat row 1 and 2 until you reach 29 inches or almost to the end of your ball of yarn. End with a knit row.

Next Row: Bind off in ribbing

Finish: Seam ends together and enjoy.

HEADBAND PATTERN

Cast on 10 sts

Row 1: Knit

Row 2: Knit 1st stitch and give a good tug, K1, P1 to last stitch, K1

Repeat row 1 and 2 for approximately 19 or 20 inches ending with a knit row.

Next Row: Bind off in ribbing.

Finish: Sew up seam and enjoy!