

Baby Sleep Sack/Hat Pattern



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Yarn: 4 - Medium (Worsted) Cascade Pacific (60% Acrylic, 40% Superwash Merino Wool) Each ball is 190 yards / 173 m and I used almost 2 balls for the sleep sack and 1 ball for the hat

Skills: Knit, purl, cable knitting, circular knitting

Circumference: Approximately 17 inches unstretched and at least 24 inches stretched. Length: 21 inches. Very stretchy

Hat to fit head circumference up to 16 inches and is very stretchy

Gauge: 5 sts per inch over Stockinette Stitch for sleep sack and hat

Needles: US 10 (6.00mm), 16 inch circular knitting needle

Abbreviations:

K, k = knit

P, p = purl

cn = cable needle

sl = slip

st, sts = stitch, stitches

Rnd = round

YO, yo = yarn over (bring yarn to front of work as if to purl)

K2tog, k2tog = knit 2 sts together

Notes: I used two cable stitch patterns in the baby sleep sack, one is the OXO cable pattern and the other is a simple 4 stitch cable stitch pattern. The XO cable pattern is worked over 16 rows and I knit it 7 times to reach 21 inches in length. It works up pretty quickly once you've gone around a couple of times.

Baby Sleep Sack Pattern

Cast on 112 sts and join in the round being careful not to twist the stitches

Knit 6 rounds to create rolled edge. Then proceed as follows:

Rnd 1 - 3: *P2, knit 4, p2, knit 8, repeat from * around

Rnd 4: *P2, sl next 2 sts to cn and hold in front, k2, then k2 from cn, p2, slip next 2 sts to cn and hold in back, k2, then k2 from cn, slip 2 sts to cn and hold in front k2, then k2 from cn, repeat from * around

Rnd 5 - 7: As row 1

Rnd 8: *P2, sl next 2 sts to cn and hold in front, k2 then k2 from cn, p2, sl next 2 sts to cn hold in front, k2 then k2 from cn, sl next 2 sts to cn and hold in back, k2 then k2 from cn, repeat from * around

Rnd 9 – 11: As row 1

Rnd 12: As row 8

Rnd 13 - 15: As row 1

Rnd 16: As row 4

Continue in pattern until work measures approx 21 inches or desired length.

Next Round: Knit row 1 of pattern, two times

Eyelet Round: YO, k2tog around

Knit 3 more rounds and bind off loosely.

Finish: Weave in ends. Make an I-cord tie and thread through eyelets at bottom of sack. You could also use ribbon if you prefer. Add little pom poms if you wish or just leave it plain.

Baby Hat Pattern



Notes: The hat is knit in the round and then using the Kitchener stitch, closed at the top. It's a fun hat knitting project. If you don't know how to do the Kitchener stitch there's a video on my page on site to help you and if you simply don't want to use the Kitchener stitch you could bind off all stitches at the top and seam it. Whatever works for you. I've become a fan of the Kitchener stitch as it is a completely invisible seam and it's also kind of fun to do. I worked the 16 row XO cable stitch pattern once for the hat and the rest was simply knit.

Cast on 80 stitches and join in the round being careful not to twist sts.

Knit 6 rounds, then proceed as follows:

Rnd 1 - 3: P2, K8 around

Rnd 4: *P2, slip next 2 sts to cn and hold in back, K2 then K2 from cn, slip next 2 sts to cn and hold in front, k2, then knit 2 from cn, repeat from * around

Rnd 5 - 7: As row 1

Rnd 8: *P2, sl next 2 sts to cn and hold in front, K2, then k2 from cn, sl next 2 sts to cn and hold in back, k2, then k2 from cn, repeat from * around

Rnd 9 - 11: As row 1

Rnd 12: As row 8

Rnd 13 - 15: As row 1

Rnd 16: As row 4

Rnd 17 and onward: Knit around until hat measures 7 inches.

Two binding off choices:

1. Kitchener Stitch – use this stitch for binding off and creating a seamless hat.
2. Bind off loosely and seam the top of the hat.

Finish: Weave in ends and add pom poms or tassels or whatever your preference is.

Put on your precious little one and enjoy!